

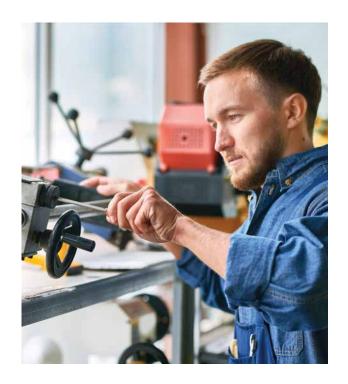
Employee Assistance Program
Workplace Counselling

## **Industry Leading Clinical Services**

Associated Employee Assistance Providers is pleased to offer your organisation an industry leading Employee Assistance Program (EAP). Associated EAP offers your staff access to a dedicated **network of skilled clinicians at a choice of locations** across NSW. We also offer online counselling or face-to-face support in all major capital cities through our affiliate networks.

With **over 15 years experience** offering psychology services to corporations, government departments, NGOs and small business, our capacity to deliver first class clinical care is second to none.

The core of your new EAP is an employee counselling program. You can also access a range of additional services including workplace training, coaching and mediation to enhance corporate culture and drive staff performance. Let us build a **bespoke EAP** which responds to your business needs.



### Benefits of an EAP

An EAP is a sensible strategy for business success with an average 4:1 return on investment.

- O1 Recognition as an Employer of Choice.
- 02 Improved staff retention.
- 03 Fewer compensation claims.
- 04 Improved job satisfaction and reduced absenteeism.
- O5 Increased productivity for a more profitable business.

# Why Choose Us?

We offer an Employee Assistance Program without equal.

We represent a vast network of experienced practitioners at over 25 Greater Sydney locations, interstate through our affiliate practices and internationally via video-conference.

Our counsellors are selected for their seniority and skill, and average over 15 years post-graduate clinical experience.

Our management team is available for free short consultations to assist you to meet your employee wellbeing goals.

Our agreements are simple, easy to set up and scalable. Every dollar you spend is put to work and your EAP can start today.

<sup>&</sup>quot;Mental health and employers: The case for investment", Deloitte, 2017

# **How Associated EAP Works – It's Simple**



#### Flexible access to a full complement of wellbeing services.

Employee counselling is the bedrock of our EAP package. Your organisation can also choose from a range of ancillary services including manager support, usage reporting, critical incident response, conflict resolution, workplace training, coaching and wellbeing management.

Pay-As-You-Use

# Associated EAP changed the market by offering a no-retainer, flexible pricing model for corporate EAP services.

Our offering is a simpler and fairer way for your organisation to access a high level of clinical care. You are only charged for the services you use. There are no retainers, minimum spends or lock-in contracts.



#### Getting started with an EAP should be easy.

Start in minutes with our 2-page plain-English agreement. Your organisation is registered on the spot and services can commence that day. Terms can be customised to meet the prudential needs of your organisation.

# **Easy Access Employee Counselling Options**

Our Employee Counselling program offers you a choice of two easy-to-use referral modes



Self-Referred



Employees may anonymously self-refer to our counselling service, according to a pre-defined annual session limit.

Employees do not require HR approval before making an appointment.

Employees require the approval of HR or a designated company contact in order to access our counselling service.

Employees cannot make an appointment unless approval has been granted.

At your discretion, treatment may be extended for individual employees, beyond the initial session allocation. Anonymity is forfeited when an extension request is made.

Either referral option allows you to extend use of the EAP to include couples or family therapy.



# Workplace Learning and Development

Take a proactive approach to staff wellbeing with a workshop package tailored to suit the particular needs of your organisation.

Options range from short 'lunch & learn' sessions, to more in-depth learning opportunities. Topics include:

- Mental Health Awareness
- Wellbeing Management
- Resilience Training
- Workplace Respectfulness
- Effective Communication
- Leadership Skills

Our affordable staff training courses are interactive, evidence-based, and facilitated by experienced professionals. Session can be hosted at your office or online.

# **Staff Awareness**

The best way to improve staff wellbeing, and ensure a good return on investment, is to build awareness of the program.

We provide a range of material to help you spread the message. We also recommend launching your EAP with a short workshop to bolster the wellbeing skills of your workforce.

# **Contact Us**

For further information, please contact:

**Associated Employee Assistance Providers** 

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