



**Associated Counsellors
& Psychologists Sydney**



Employee Assistance Program

Corporate Services

www.counsellingsydney.com.au ▪ www.employeeassistance.com.au

Industry Leading Clinical Services.

Associated Counsellors & Psychologists Sydney is pleased to offer your organisation an industry leading Employee Assistance Program (EAP). Associated Counsellors offers your staff access to a dedicated **network of skilled clinicians** at a **choice of locations** across NSW. We also offer online video counselling or face-to-face support in all major capital cities through our affiliate networks.



With **over 10 years experience** offering psychology services to corporations, government departments, NGOs and small business, our capacity to deliver first class clinical care is second to none.

The core of your new EAP is an employee counselling program. You can also access a range of additional services including workplace training, coaching and mediation to enhance corporate culture and drive staff performance. Let us build a **bespoke EAP** which responds to your business needs.

Benefits of an EAP.

An EAP is a sensible strategy for business success with an estimated **5:1 return on investment**[^]. The benefits of supporting your employees with an EAP include:

01

Recognition as an Employer of Choice, improved staff retention, and lower costs associated with hiring and retraining.

02

Less workplace conflict and fewer compensation claims.

03

Reduced absenteeism, improved job satisfaction and increased workplace performance.

04

A more efficient and profitable business, and a better customer experience.

Why Choose Us?

We offer an Employee Assistance Program without equal.

We represent a vast network of experienced practitioners at over 20 Greater Sydney locations, interstate through our affiliate practices and internationally via video-conference.

Our counsellors are selected for their seniority and skill, and average over 15 years post-graduate clinical experience.

Our management team is available for free short consultations to assist you to meet your HR and industrial relations obligations.

Our agreements are simple, easy to set up and scalable. Every dollar you spend is put to work and your EAP can start today.

[^] Hargrave et al, 2008; Jorgensen, 2007

How Associated EAP Works. It's Simple.

Customised Program

Employee counselling is the bedrock of our EAP package. Your organisation can also choose from a range of corporate support services including manager support (with a complimentary phone service for short enquiries), critical incidence response, conflict resolution, staff training, coaching and wellbeing management. We customise your EAP to meet your exact business needs.

Pay-As-You-Use

Associated Counsellors changed the market by offering a no-retainer, flexible pricing model for corporate EAP services. Our offering is a simpler and fairer way for your organisation to access a high level of clinical care. You are only charged for the services you use. There are no lock-in contracts.

Immediate Set Up

Getting started with an EAP should be easy. Start in minutes with our 2 page plain-English agreement. Your organisation is registered on the spot and services can commence that same day. Terms can be customised to meet the compliance and prudential needs of your organisation.

Easy Access Employee Counselling Options.

Our Employee Counselling program offers you a choice of two easy-to-use delivery modes:

01

Self-Referred:

Self-referral allows employees to anonymously self-refer to our counselling service, according to a pre-defined annual session limit. If a staff member feels they need further support they are given the option to make a request to you for additional sessions. At this point anonymity is no longer preserved and a brief supporting statement is issued to your organisation for consideration.

02

HR-Referred:

HR-referral enables a staff member to approach his or her HR Manager or designated company contact to request counselling support under the EAP. The company decides whether approval is granted. Subject to such approval, an appointment is arranged. If the staff member requests an extension to their counselling program we contact you with a brief supporting statement for your consideration.

Either referral option allows you to extend the use of the EAP to include couples or family therapy.

Staff Awareness

The best way to facilitate take-up of your EAP and a good return on investment, is to build awareness of the program. We can provide a range of brochures, as well as material for your company intranet, to help you spread the message. We can also offer your managers guidance on how to speak to staff about the EAP.

Measurement & Reporting

We can provide your organisation with quarterly reporting which can be tailored to include utilisation rates as well as information regarding your employee's primary presenting concerns. This information can assist you to tailor management training and support programs, and help identify occupational health and safety risks including structural workplace issues, cultural issues or problems with morale.

Our Director of Corporate Services would be happy to discuss your employee development and wellbeing program in order to provide you with the most targeted EAP offering in the market.

For further information, please contact:

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